



2Lbs Silicone Adjustable Ankle Wrist Weights For Home Gym Use Yoga Dance Pilates

Our Product Introduction

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Basic Information

- Place of Origin: China
- Brand Name: JY
- Certification: FDA, LFGB
- Model Number: JYA 9902
- Minimum Order Quantity: 50pcs
- Price: negotiable
- Packaging Details: opp bag, customized packaging
- Delivery Time: negotiable
- Payment Terms: T/T
- Supply Ability: negotiable



Product Specification

- Material: Silicone, Hardware
- Item Size: 19.8*7.3cm
- Color: Blue, Gray, Black, Green, Colorful
- Weight: 450g
- Resistance: Adjustable Resistance Levels
- Recommended Uses For Product: Yoga, Pilates
- Closure Type: Velcro
- Durability: High
- Specific Uses For Product: Aerobics, Physical Therapy
- Highlight: **Silicone Adjustable Ankle Wrist Weights, 2Lbs Adjustable Ankle Wrist Weights**



More Images



Product Description

Silicone Adjustable Wearable Ankle/Wrist Weights for Women and Men Adjustable Silicone Workout Weights Description

- Suitable basic exercise for women or primary exercisers in daily life, a great choice for getting healthy.
- Triangle alternating design can make it bend freely.
- Stainless steel material inside can ensure enough exercise load under the premise of free bending.
- Fully adjustable sport elastic belt can be firmly fixed on the wrist and ankle and provide enough weight support for enhance the exercise effect.
- Prevent some diseases of hand joints and foot joints, alleviate the injury and pain caused by repetitive work

Adjustable Silicone Workout Weights Specification

Item Name	Silicone Adjustable workout weight
Item Size	19.8*7.3cm
Product Weight	450g
Number of Pieces	1
Durable	Great
Usage	Strengthener Trainer

Adjustable Silicone Workout Weights Features

- Pack of 2 ankle weights are made of silica gel and hardware. It increases the weight of your wrists and ankles and is a perfect exercise equipment.
- Adjustable ankle weight has elastic band and Velcro, which can fit the movement no matter how you adjust hand or Leg weights. It is very suitable for home fitness or jogging.
- There are 8 detachable wrist weights for each adjustable weight. Each weigh 0.13 pounds and the total weight is 1.02 pounds. The weight can be adjusted by adding or removing pads.
- Ankle weight is used for man and women for daily exercise such as walking, jogging, aerobic exercise and gym.
- Adjustable weights are a good helper for assisting physical therapy, helping to increase strength and perfect muscle lines.

Adjustable Silicone Workout Weights Details

- APPROPRIATE WRIST WEIGHTS BRACELETS: Set include 2 adjustable silicone weight bracelets, the wrist weight size is 29.7CM/ 11.69IN, 2lb weight for each one that is suitable basic exercise for women or primary exercisers in daily life, a great choice for getting healthy.
- EXCELLENT QUALITY: Our adjustable wrist weights sets made of durable and comfortable silicone material, sweat proof, odor proof. Triangle alternating design can make it bend freely, and the stainless steel material inside can ensure enough exercise load under the premise of free bending.
- ADJUSTABLE SUPPORT: This Wrist Weights are ultra-strong velcro tape on both sides, fully adjustable sport elastic belt, high quality materials ensure long service life, durability, and resistance to wear and tear which can be firmly fixed on the wrist and ankle and provide enough weight support for enhance the exercise effect.
- PERFECT CHOICE FOR FITNESS: In the face of daily fitness and exercise, enhance muscle resistance and ignite your fat, for fitness, running, swimming, yoga, walking, aerobics, pilates, walking, traveling, indoor workouts, core training and so on. Used it make your sport more productive.
- IMPROVE YOUR BODY: For different positions, you can wear them for specific exercises, so that your body can better meet your own requirements. At the same time, you can prevent some diseases of hand joints and foot joints, alleviate the injury and pain caused by repetitive work, recover yourself, and make yourself healthier and better.



HIGH QUALITY MATERIALS

**Skin Comfortable
Silicone Surface**



**Built in Stainless
Steel Blocks**



EXCELLENT QUALITY WEIGHT WRISTABND

One for All Universal Size



Durable and Comfortable Silicone Material



Waterproof



Anti Sweat Anti Odor



Fashionable



Comfortable Skin

**Perfect Gift For Those Who
Need And Love Fitness**



ONE SIZE FITS ALL

2.83"/7.01cm



2PC (Each 1.0 Lbs)

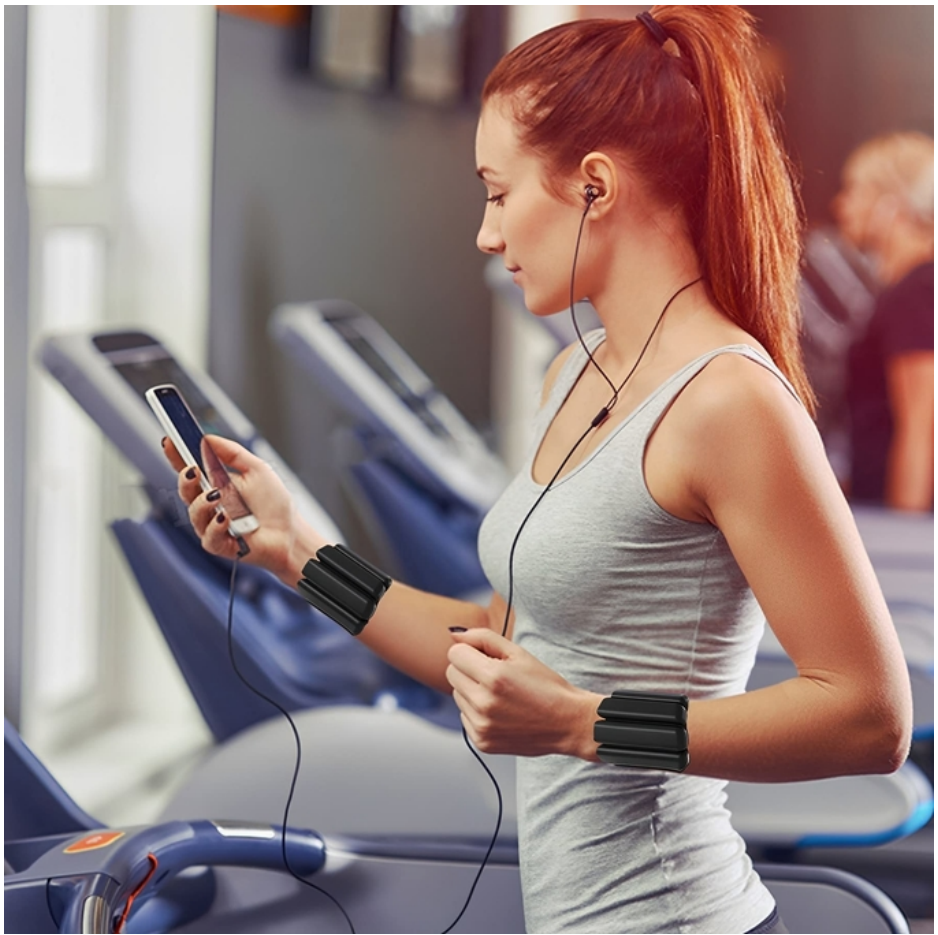


10.24"/26cm



PILATES













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