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# Silicone TPE Hand Exercise Ball Finger Therapy Ball Stress Relief Grip Strength Ball

## Basic Information

- Place of Origin:
- Brand Name:
- Certification:
- Model Number:
- Minimum Order Quantity: 50pcs
- Price:
- Packaging Details:
- Delivery Time:
- Payment Terms:
- Supply Ability:



#### **Product Specification**

<ul> <li>Material:</li> </ul>	Silicone, Thermoplastic Elastomers
• Item Size:	12*9.4cm
Color:	Blue
Weight:	72g
Resistance:	Adjustable Resistance Levels
Recommended Uses For Product:	Grip Strength Training & Stress Relief
<ul> <li>Benefits:</li> </ul>	Improves Strength, Flexibility, And Balance
<ul> <li>Portability:</li> </ul>	Easy To Carry And Store
• Specific Uses For Product:	Aerobics, Physical Therapy
<ul> <li>Highlight:</li> </ul>	Silicone TPE Hand Exercise Ball,

Silicone grip strength ball



#### More Images



### Finger Wrist Flexibility Strengthener Exerciser Grip Ball

#### **Resistance Strength Trainer Description**

- Suitable basic exercise for women or primary exercisers in daily life, a great choice for getting healthy.
- Triangle alternating design can make it bend freely.
- Stainless steel material inside can ensure enough exercise load under the premise of free bending.
- Fully adjustable sport elastic belt can be firmly fixed on the wrist and ankle and provide enough weight support for enhance the exercise effect.
- Prevent some diseases of hand joints and foot joints, alleviate the injury and pain caused by repetitive work

#### **Resistance Strength Trainer Specification**

Item Name	Silicone Adjustable workout weight
Item Size	12*9.4cm
Product Weight	72g
Number of Pieces	1
Suitable	All Ages and Fitness Level
Usage	Indoor and Outdoor

#### **Resistance Strength Trainer Features**

- Perfect Solution for hand exercise and Stress Management The hand exercise grip balls is a high-quality hand squeezer grip strength ball designed to enhance hand finger and forearm grip strength and provide some tension and stress relief. This versatile product functions as both a hand exercise ball and a hand therapy ball, making it the perfect choice for individuals seeking an all-in-one solution for hand exercise and stress balls for adults
- Four Ring Engineered Design Our hand strengthener ball is expertly engineered to cater to a wide range of needs, including hand therapy, hand exercise, improve grip strength and overall hand exercise. With regular use, you can improve hand flexbility, enhance hand grip strength, and promote optimal hand finger wellness
- Stress Relief Balls for Relaxation Say goodbye to stress with our stress balls for adults. Squeezing the Grip Ball provides a soothing sensation that helps release tension and reduce anxiety. It's the perfect stress relief ball for individuals who want to achieve a sense of calmness and relaxation during hectic days, great for adults, elder, office staff, stroke hand and arthritis
- Speeding Recovery The hand grip Ball is a favored choice among therapists and individuals utilizing hand exercisers for therapy. Its resistance levels and ergonomic build make it suitable for users of all ages and fitness levels. Incorporate it into rehabilitation sessions or include it in your daily routine to enhance hand flexibility and mobility
- Exercise Anywhere Our squeeze ball is a portable stress relief and hand exercise tool that you can take with you anywhere. Whether you're at home, in the office, or on the walk, the hand exercise grip Ball is your perfect companion for trengthening your hands and relieving stress. Invest in the Hand Grip Ball today and enjoy the benefits it brings to your well-beingx

#### **Resistance Strength Trainer Details**

- HIGH QUALITY The Exerciser Grip Ball is made of high-quality TDR material, no easy to deform, no harmless to the body, tactile massage, have no odor and leave no residue.
- FUNCTION Hand Grip Strengthening ball can promote the recovery of hand injuries, enhance the strength and flexibility of hands and fingers.
- PERFECT DESIGN Hand Grip Strengthening Exercise ball for 4 Fingers, fixed more firmly. The size is suitable for most people, especially for Athletes, Musicians & Physical Therapy.
- EASY to CARRY Finger Strengthener Ball are lightweight and you can bring them wherever you want in your bags, suitable for many occasions, such as school, home, office and so on.
- GOOD GIFT It is also great for targeting muscles in adults' hands and fingers. Help preventing tension, increasing limberness and alleviating joint pain.

# FEATURES

- 1 FOUR-FINGER PIERCING DESIGN, EASIER TO GRASP, NOT EASY TO DROP
- THE CURVED DESIGN OF THE SPHERE THE FORCE IS DISPERSED, AND IT IS NOT EASY TO HURT THE PALM
- **3** SPHERICAL BUMP DESIGN TO STIMULATE NERVES
- G SILICONE MATERIALWASHABLE, SAFE AND HEALTHY



- Rehabilitation
- 🗸 Physical Therapy
- 🗸 Arthritis Pain Relief
- 🗸 Stress relief fidget tool
- Finger Muscle Strength training





Play the guitar



rock climbing



play piano



office



health restorer



student

