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## Soft Silicone Barbell Grips Fit Standard Barbell Dumbell Handles Bar Grips For Weightlifting

#### **Basic Information**

- Place of Origin:
- Brand Name:
- Certification:
- Model Number:
- Minimum Order Quantity: 50pcs
- Price:
- Packaging Details:
- Delivery Time:
- Payment Terms:
- Supply Ability:



#### **Product Specification**

- Material:
- Item Size:
- Color:
- Weight:
- Easy To Clean:
- Usage:
- Safety:
- Comfort:
- Application:
- Highlight:

### Silicone 5\*10cm Blue, Black, Gray 155g Yes Improves Balance And Stability Non-toxic And Non-slip Soft And Cushioned Weight Barbell Grips

opp bag, customized pakaging

Soft Silicone Barbell Grips, 5\*10cm Silicone Barbell Grips, Bar Grips For Weightlifting



#### More Images









#### Silicone Thick Dumbbell Grips Arm Blaster Adapter

#### Silicone Weight BarBell Grips Description

Our thick bar grips fit virtually most barbells, dumbbell handles, weight bars, pull down ropes, cable machine attachments and kettlebells. This barbell grips designed for men and womens' hand size. Dumbbell grips adapters are crafted with 100% skin safe silicone that's soft on hands and outlasts even the heaviest weights and turning each bar into a true muscle builder.

#### Silicone Weight BarBell Grips Specification

Item Name	Silicone Dumbbell Grips
Product Size	5*10cm
Product Weight	155g
Number of Pieces	1
Suitable	All Ages and Fitness Level
Usage	Weight Barbell Grips

#### Silicone Weight BarBell Grips Features

- Product Size Please measure your barbell before purchasing.Our thick barbell grip:Length: 4 inch, outer diameter: 1.77 inch, inner diameter: 1.0 inch,thickness:0.4inch. Our thick bar grips fit virtually most barbells, dumbbell handles, weight bars, pull down ropes, cable machine attachments and kettlebells. Recommended for large hands.
- Build Stronger Arms IADUMO curl bar grips help you build bigger, stronger arms and gain strength in your forearms, biceps, triceps, hands, and upper body. They wrap around barbells, dumbbell bars, curl bars, and exercise machine handles, increasing their diameter for a more challenging workout.
- Comfortable and Secure The diamond-shaped stripe design of our dumbbell bar grips provides a comfortable and secure grip, preventing slipping during your workout. With just two easy steps, you can convert any bar into a muscle builder and start building more muscle.
- Used by Top Bodybuilder Our thick barbell grips are used by many: players, bodybuilders, fighters, special forces soldiers. The dumbbell pads reduce joint pain by shifting the stress and relieves pressure on wrists, hands and fingers.

#### Silicone Weight BarBell Grips Details

- [MULTI-FUNCTIONAL] This gym training grips is designed for bodybuilding, weight lifting, both for your dumbbells and barbells, you can either grab it or used as shoulder pads doing squat etc
- [NON-SLIP]- This gym training grips is a non-slip design that always stays on the bar. Give you a better grip and improve form for less chance of injury, Massively improve grip strength.
- [PREMIUM QUALITY] 100% food grade silicone, 4" LONG x 2" OUTER DIAMETER x 1" INNER DIAMETER
- [PREVENT INJURY] Create less stress on joints, less injuries, less imbalances and recruits more muscle fibers
- [FIT FOR MANY WORKOUT] Our dumbbell grip strength your strong forearm, upper arm, and the entire upper body, to prevent muscle imbalance and injury.

#### Silicone Weight BarBell Grips Others

- 2.2 inch (5.5 cm) thick when closed,1 inch (2.5cm) inner diameter, 4.7 inch long, That's big enough fit for your hands and small enough to fit in stander every dumbbell; Can be attached to virtually any barbell, dumbbell, cable machine, kettle bell. Easy to attach and detach in seconds. Use them on all your fitness equipment and add versatility to your entire gym!
- Made from high density silicone rubber. Will not compress or slip. Ergonomic design will add comfort to your weight lift as well as increase muscle activation; Easy to use, 2 steps: 1-Spread open your grips, 2-Attach to bar, quickly convert any barbells, weight bars, pulldown ropes, and kettlebells to a thicker 2 inch grips for better training.
- A thicker handle boosts your muscle which translates to bigger muscle mass and strength your forearms, hands and the entire upper body.
- Convert any regular dumbbell, barbell, Weight Bar, push up bar, cable attachment or any other bar into thick bar training.
- Build more grip strength and develop forearm, upper arms and whole upper body. Less stress on joints, elbow, wrists Reduces joint pain by shifting the stress off the joints by spreading the weight across a larger surface area and onto the muscles and relieves stress and pressure on wrists, hands, and fingers. The yuhqc grip unique design puts you into a neutral grip position, which is proven to reduce elbow strain.





# inside diameter 1 inch

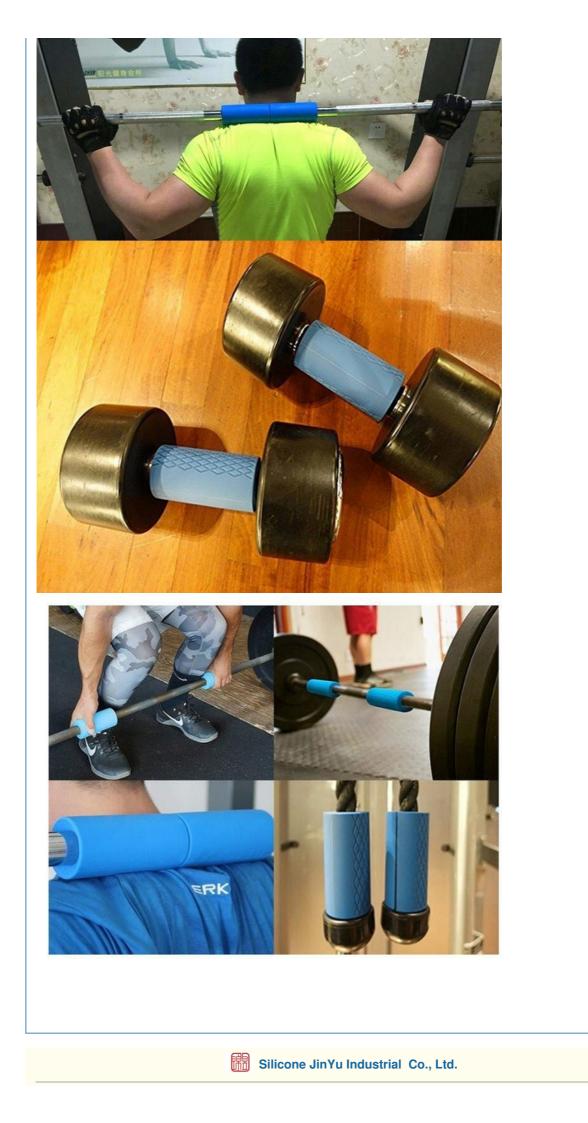
Length 4 inch



outside diameter 1.77 inch









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