



## Yoga Peanut Lacrosse Massage Ball Fascia Release Double Lacrosse Massage Ball

Our Product Introduction

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### Basic Information

- Place of Origin: China
- Brand Name: JY
- Certification: FDA, LFGB
- Model Number: JY-207
- Minimum Order Quantity: 50pcs
- Price: negotiable
- Packaging Details: opp bag, customized packaging
- Delivery Time: negotiable
- Payment Terms: T/T
- Supply Ability: negotiable

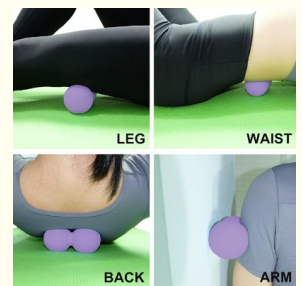
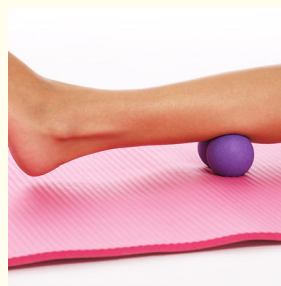
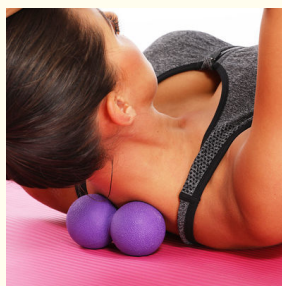
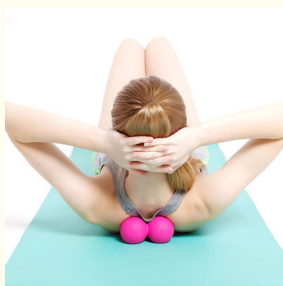


### Product Specification

- Features: Non-slip, Durable, Lightweight
- Material: Soft Silicone + TPR
- Item Size: 12.1\*6.1cm
- Color: Pink, Blue, Purple, Green
- Weight: 270g
- Usage: Body Massage Relax
- Recommended Age: All Ages
- Target Muscle Groups: Full Body
- Product Type: Fitness Equipment
- Highlight: Yoga Peanut Lacrosse Massage Ball, Silicone double lacrosse massage ball, Fascia Release Double Lacrosse Massage Ball



### More Images



## Deep Tissue Massage Roller Mobility Ball for Physical Therapy

### Peanut Massage Ball Description

- Be it sitting at a desk, after intense workouts, or simply from lack of movements, we all have that feeling like we need a good sports massage to take the tension off our bodies. Try SIMPLECOOL hard massage ball exercises to get a much desired massage and help ease the pressure. Perfect for your back, shoulders, neck, hips, arms, legs, buttocks, thighs, feet, all areas of the body!
- Simplecool massage balls are perfectly shaped and can be used on the cervical, thoracic and lumbar erector spine muscles. Our massage balls can be used for self-massage of tight muscles, trigger point therapy and acupressure, which can help relax tense muscles, relieve tightness, create more space in the body, work out knots, and increase your blood circulation.

### Peanut Massage Ball Specification

|                  |                           |
|------------------|---------------------------|
| Name             | Silicone Massage Ball Set |
| Item Size        | 21*18.5*8.7cm             |
| Weight           | 631g                      |
| Number of Pieces | 6                         |
| Portability      | Easy to Carry             |
| Safety Features  | Non-slip                  |

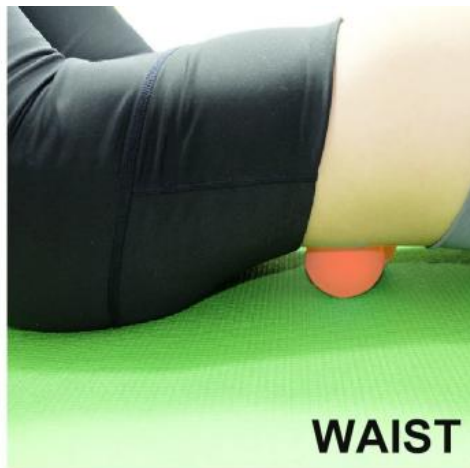
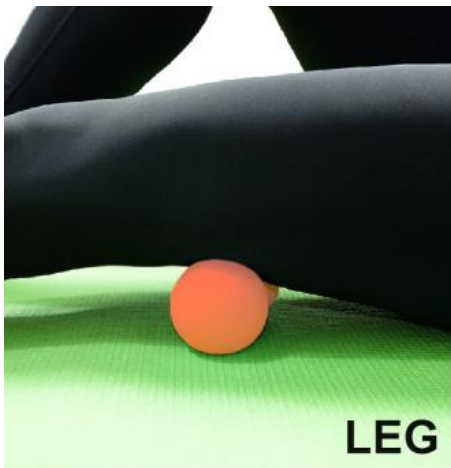
### Peanut Massage Ball Features

- **SAFE & DURABLE PEANUT MASSAGE BALL.** The massager roller is made of high quality eco-friendly TPR rubber with unique non-slip texture surface. It is solid, firm and hard, will not bend during use. The peanut ball is non toxic, odorless, safe to use for adults and children.
- **MYOFASCIAL RELEASE BALL LACROSSE BALL THERAPY.** The massage ball relieves sore and tight muscles to rejuvenate and revitalize any area of your body for immediate benefits. They are a quick and convenient item for easy pain relief and myofascial release.
- **EASY TO USE.** Simply lean on the peanut massage ball and use your own body weight and gravity to relieve muscle knots and tension. Perfect for use while sitting on any chair, laying in bed, on the floor, or on a yoga mat while you're watching TV or listening to the music.
- **SUITABLE FOR EVERYONE.** The peanut massage ball helps relax muscle tissue, reduce soreness and fatigue, and improve body flexibility. It is a self-used massage tool to aid in rehabilitation and muscle recovery, practically suitable for everyone, especially for athletes, fitness trainers and desk workers alike.
- **MESSAGE ANYWHERE ANYTIME.** The peanut ball is 4.7"/12cm in length and 2.4"/6cm in diameter, it is super portable and easy to bring along anywhere you go. The balls can conveniently fit into a gym bag or pocket, perfect for use at the gym, home, office, fitness centers or for on-the-go trigger point massage on any trip.

### Peanut Massage Ball Details

- **Yoga massage ball size:**about Measuring 4.8 inches in length, 2.5 inches in diameter.
- **Full body massage:** Our peanut massage ball can play a good role in massage points or trigger points. Promotes blood circulation, allowing you to easily enjoy a massage and eliminate fatigue.
- **Perfect design:** The unique peanut shape ball relieves muscle muscles by stimulating blood flow and the nervous system. Use a massage ball to relieve tension and release muscles while relaxing fingers, legs, feet and back.
- **Unlimited massage and ultimate soothing:** excellent tools for plantar fasciitis, foot, shoulders, arms, legs, neck, back massage. Increase blood circulation, relieve pain and strain muscles. Reduce pain and increase mobility. This is the perfect peanut massage ball set for power boosters, yoga, runners and fitness enthusiasts.
- **Easy to use:** It is a great way to relieve tension, relieve pain and improve blood circulation. The massage ball provides a simple and comfortable self-massage method that can be done at home or at work. We offer a better than money back guarantee! If there are any issues with your product, massage ball only, other accessories demo in the picture is not included!









## HOW TO USE THE MASSAGE BALL





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