



Hard & Soft Combo Spiky Foot Massage Ball For Plantar Fasciitis Exerciser

Our Product Introduction

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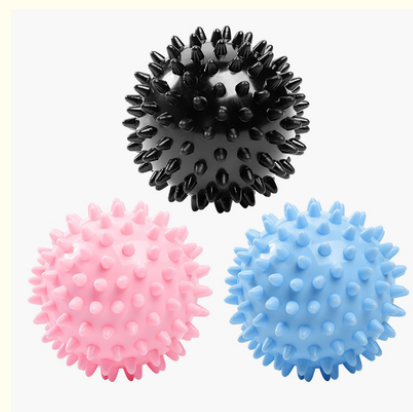
Basic Information

- Place of Origin: China
- Brand Name: JY
- Certification: FDA, LFGB
- Model Number: JY-207
- Minimum Order Quantity: 50pcs
- Price: negotiable
- Packaging Details: opp bag, customized pakaging
- Delivery Time: negotiable
- Payment Terms: T/T
- Supply Ability: negotiable

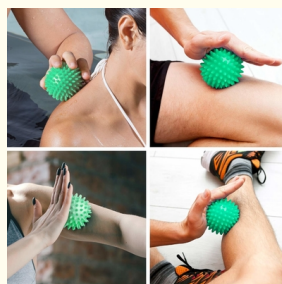


Product Specification

- Features: Non-slip, Durable, Lightweight
- Material: Soft Silicone + TPR
- Item Size: 12.1*6.1cm
- Color: Pink, Blue, Purple, Green
- Weight: 270g
- USage: Body Massage Relex
- Recommended Age: All Ages
- Target Muscle Groups: Full Body
- Product Type: Fitness Equipment
- Highlight: **plantar fasciitis spiky massage ball, spiky foot massage ball plantar fasciitis, spiky ball for plantar fasciitis**



More Images



Product Description

Deep Tissue Massage Roller Mobility Ball for Physical Therapy

Picky Massage Ball Description

Elevate your mobility, conquer discomfort, and redefine your limits. Order your pack of Spiky Hard Massage Balls now, and experience the transformation firsthand. Your journey to uninhibited movement begins today. You can apply different balls to the parts of the body that require different squishiness and pressure. Gradually and comfortably increase the firmness of the massage balls to keep tension under control.

Picky Massage Ball Specification

Name	Silicone Massage Ball Set
Item Size	21*18.5*8.7cm
Weight	631g
Number of Pieces	6
Portability	Easy to Carry
Safety Features	Non-slip

Picky Massage Ball Features

- [FIRM & DURABLE FOOT MASSAGE BALL] The spikeball is made of firm solid PVC and soft silicone. They will not bend, and they can withstand any body weight. The high density massage ball reaches deeper into the fascia for tension release.
- [TRIGGER POINT MASSAGE BALL SPIKE BALL] By targeting trigger points, the spiky massage ball can reduce pain levels, improve range of motion, and rejuvenate and revitalize all areas of the body.
- [PLANTAR FASCIITIS BALL] Roll the massage balls under your foot starting at the front and moving towards the back, place a good amount of pressure on the medial, center and lateral areas for approximately 15 seconds, then continue to roll it up and down the entire foot. Roll away that pain so you can do harder!
- [GREAT FOR ATHLETES & FITNESS TRAINERS] The spiked balls work to relieve muscle tension. They've become a popular tool for performing massage-therapy on many muscle-related conditions and are a convenient way to maximize muscle recovery for many athletes and fitness trainers.
- [TAKE IT WITH YOU WHEREVER YOU GO] One measures 2.75"/7cm and the other is 3.5"/9cm in diameter, the spike balls are small and compact, lightweight and super portable. Perfect for a warm up and cool down routine at the gym, yoga and Pilates.

Picky Massage Ball Details

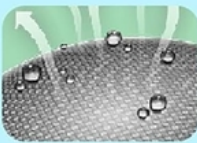
- Rediscover Comfort and Mobility: Unleash the power of relief with our Spiky Hard Massage Balls – your ultimate solution for conquering plantar fasciitis discomfort. These remarkable foot roller tools are designed to melt away deep-seated muscle knots, setting you free to move without pain. Say goodbye to the burden of discomfort and hello to the freedom of uninhibited movement.
- Unyielding Performance, Unmatched Quality: Crafted from unyielding solid rubber, our spiked balls are built to withstand any body weight, ensuring lasting durability. The dense spiky texture digs deep into fascia, delivering unparalleled tension release. Elevate your self-massage therapy with a tool that matches your determination to overcome physical barriers. These massage balls aren't just tools – they're your partners in pushing boundaries.
- Elevate Your Performance, Amplify Your Recovery: Ignite your performance by targeting every trigger point in your body. The spiky exterior provides invigorating massages that boost circulation throughout your entire being. Whether you're gearing up for an intense workout or winding down afterward, these massage rollers rejuvenate and revitalize your body, empowering you to extend your limits and break new ground.
- Championed by Athletes, Trusted by Professionals: Endorsed by elite sports professionals, our porcupine-style massaging balls are the go-to portable training equipment for both men and women. Slip them into your sports bag alongside your gear, whether you're a dedicated athlete, a passionate runner, or a football enthusiast. Elevate your recovery regimen and ensure that every step is a step towards progress.



Strict selection of materials for ease of use

PVC environmentally friendly material, good buffer,

Anti-seismic, moisture-proof, pressure-resistant and other advantages

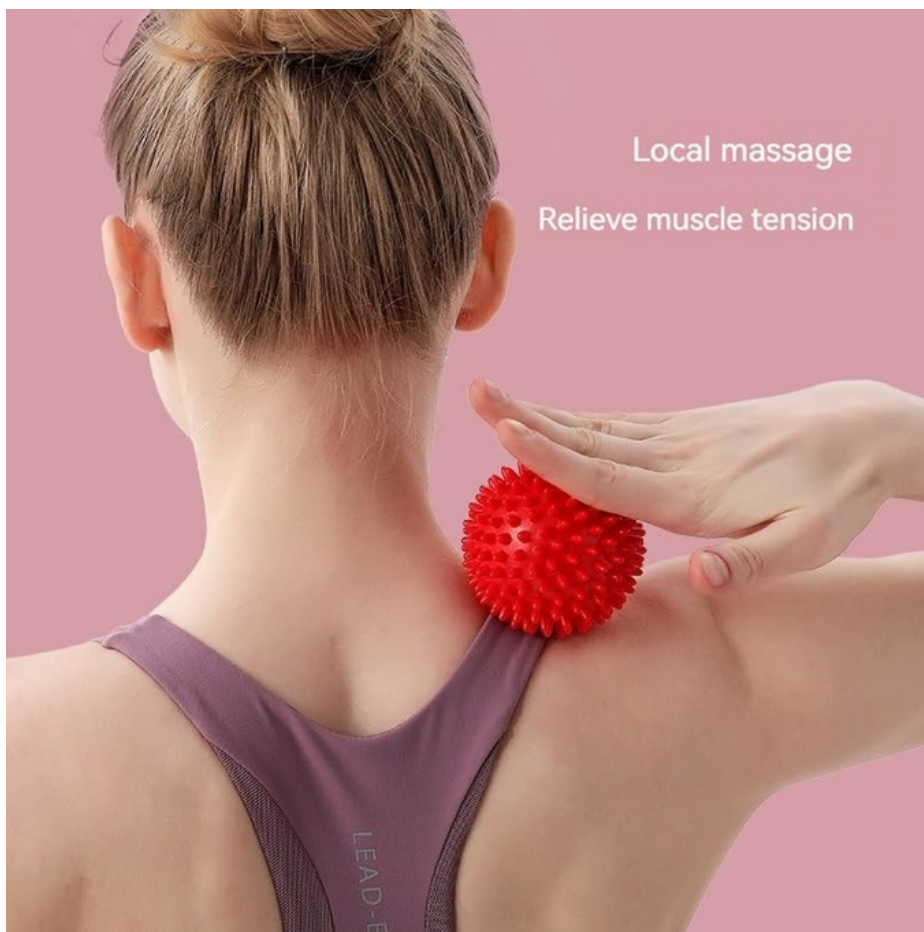


Easy to dry,
breathable,
moisture-proof



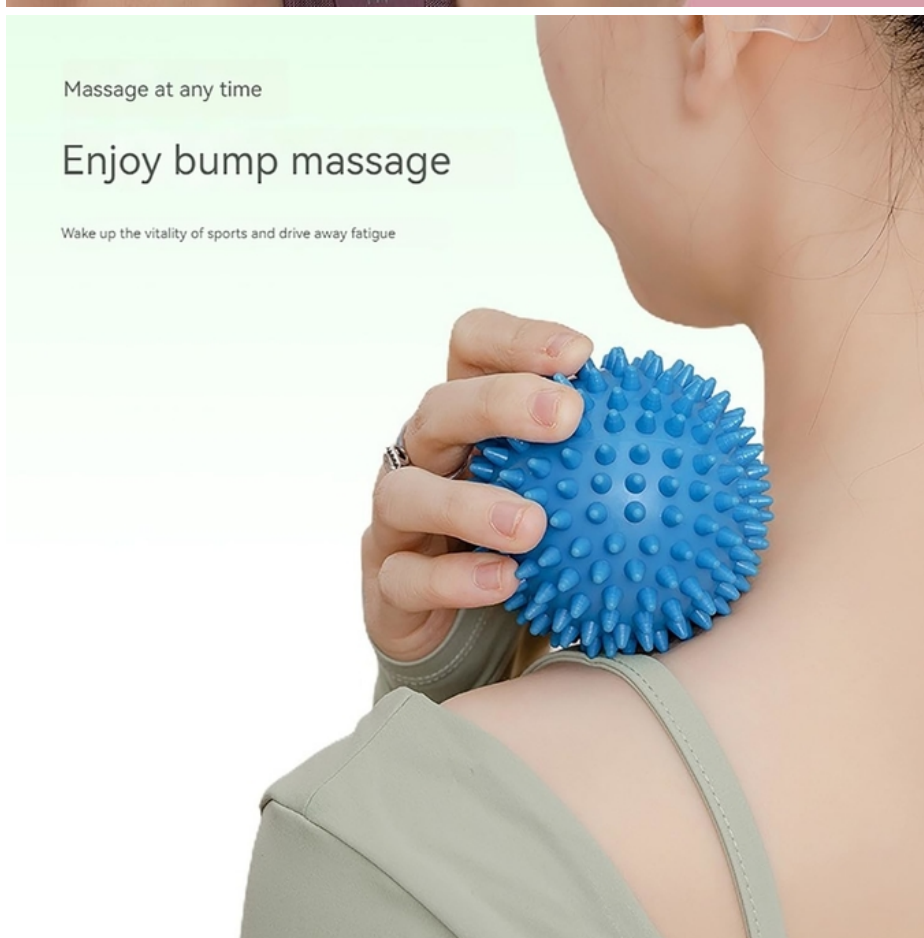
Good buffer
pressure
resistance





Local massage

Relieve muscle tension



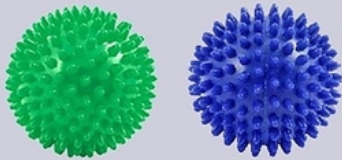
Massage at any time

Enjoy bump massage

Wake up the vitality of sports and drive away fatigue

Comfortable and relaxed

Hard to the bone



WITHOUT SPIKY MASSAGE BALL



PAIN, TIGHTNESS

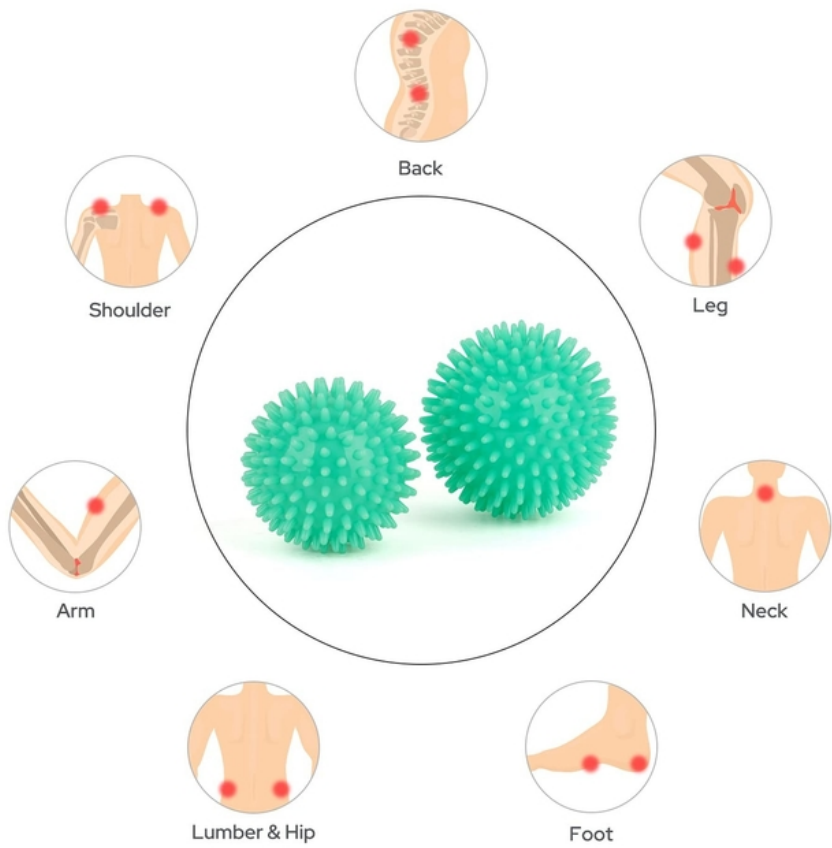
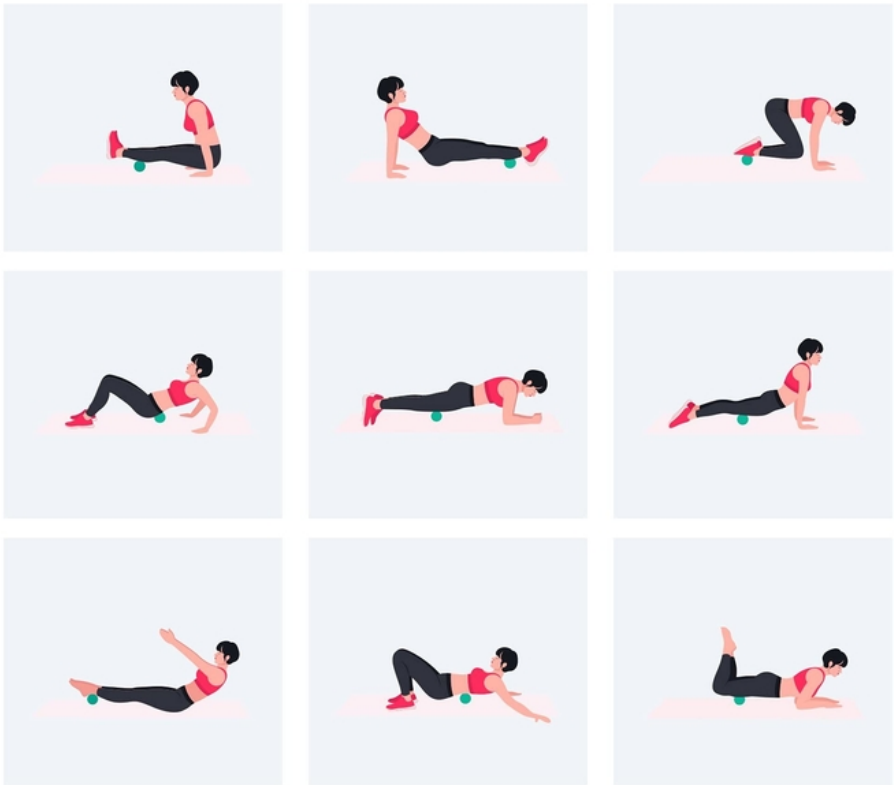
WITH SPIKY MASSAGE BALL

ALLEVIATES ARCH
AND HEEL PAIN



PROMOTES FLEXIBILITY
IN ARCH AND FOREFOOT

MASSAGE BALL EXCERCISES





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